

# **The experience of the Psychological and Counselling Centre in University of Patras : When the child speaks through the adult**

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## **Abstract**

The beginning of academic studies coincides with a specific period in the life of the individual spanning from the late adolescence to the early adult age. It is this specific point in which the young adult is being called to confront new circumstances and conditions of incorporation in a different environment such as the one of the academic life (Jeammets, 2002). In this context, the element of infant which resides in the psychic life of the individual, re-surfaces in a latent form, in the present of the subject. It is in the afterwordness (Freud, 1897) of some aspects of the infant and adolescence period of life where resuscitates personal and family experiences of the students. At the Centre of Psychological and Counselling Support in the University of Patras, the students can address their personal experience. These are being formed mentally in the space where each student tries to give a specific meaning to his/her everyday life. Since 2019 that the Centre provides psychological and counselling sessions to the students there is a variety of demands related to conflicts in the childhood or the adolescence period which continue to create obstacles in the level of functionality of the individual. Given some statistical data of this service, it is observed that an important part of the students, report symptoms of anxiety and depression, and problems with their interpersonal relations. In this direction, this presentation aims to present the aspects of the young adults, underlining their experiences and the strategies concerning the children's rights in a symbolical meaning.

Presentation language: English ☐ Greek X

## **References**

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