Advancing Child Rights through Higher Education: A Rights-Based Institutional Model

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Abstract

The role of academia in advancing child rights is pivotal in shaping responsive, rights-based professionals and informed citizens. This paper explores effective strategies for integrating child rights into higher education curricula, drawing on the experience of Amrita Vishwa Vidyapeetham, which has pioneered specialized education and institutional mechanisms in child protection. Through the establishment of a dedicated Center for Child Protection, the university has fostered cross-sectoral collaborations with local, state, and central government departments, anchoring academic work in real-world impact.

The paper presents a dual model of integration: a modular approach through specialized courses on child rights and child protection, and a cross-cutting approach that embeds child rights principles across disciplines such as law, social work, public health, project management and education. Case studies from Amrita's curriculum design, student engagement, and field-based projects will illustrate how academic institutions can play a transformative role in mainstreaming child rights discourse.

Further, the paper highlights the significance of faculty capacity building through professional development programs and partnerships with child protection stakeholders. These efforts have created a robust ecosystem where research, teaching, and community engagement converge to uphold the rights of children.

This case study contributes to the growing discourse on the institutionalization of child rights education in academia and provides actionable insights for universities seeking to integrate a rights-based approach in their curricula. It advocates for academia not only as a site of knowledge production but also as an active participant in the protection and promotion of child rights.

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